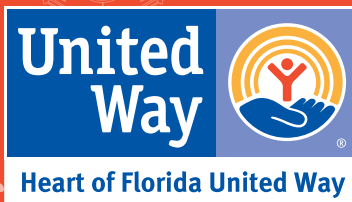


HEART OF FLORIDA UNITED WAY
TO
HOLIDAY
2 VOLUNTEER GUIDE





BASICS FOR BABIES

OCTOBER - DECEMBER

Did you know that up to 30% of new parents are not able to afford enough diapers to change their babies as often as needed? A recent study found that as many as one in three families had to cut back significantly on food, childcare or utilities just to afford diapers for their newborn. Can you imagine not being able to provide your child with the items they need to grow?

At Heart of Florida United Way, we believe that every baby deserves a healthy start. That's why we are hosting a unique volunteer opportunity for your workplace, social group or place of worship to adopt this holiday season.

Join us and host a "Basics for Babies" infant care supply drive! Throughout October, November and December, United Way is asking the community to collect various items.

ITEMS NEEDED

- Diapers
- Wipes
- Formula
- New Infant Apparel
- New Blankets

We are keeping our requested list small to make sure these new parents get the necessary items they really need to give their baby a healthy start in life. *Please note that for safety reasons we are unable to accommodate used cribs/car seats.*

HOSTING A DRIVE

You can schedule your drive for any time you like throughout the next few months. Collect the items at your workplace or home, and then drop them off at Heart of Florida United Way, 1940 Traylor Blvd, Orlando FL 32804, on November 28 - December 2, 2016.

Once all of the items have been collected, we will then distribute them to our partner agencies who assist parents and babies in need all over Central Florida, including single mothers living in domestic violence shelters and at-risk teen parents.

QUESTIONS?

Have a question? Need an earlier drop off date? Please contact:

Kim Crofford, Corporate Volunteer Manager
Kim.Crofford@HFUW.org or 407-429-2136

With your help, we can put 1,000 newborns in our community to bed with a full tummy and dry diaper this holiday season.

THANK YOU!

GIVE. ADVOCATE. VOLUNTEER. LIVE UNITED



A COPY OF THE OFFICIAL REGISTRATION (CH214) AND FINANCIAL INFORMATION MAY BE OBTAINED FROM THE DIVISION OF CONSUMER SERVICES AT www.800helpfla.com OR BY CALLING TOLL-FREE (800-435-7352) WITHIN THE STATE. REGISTRATION DOES NOT IMPLY ENDORSEMENT, APPROVAL, OR RECOMMENDATION BY THE STATE.



Live UNITED Through the Holidays:

A Heart of Florida United Way Guide to Holiday Giving & Volunteering 2016

Thank you for your interest in making a difference in our community during the holiday season! This holiday giving and volunteering guide is a project of **Heart of Florida United Way's** Volunteer Resource Center. The guide was compiled from the responses to a holiday needs survey distributed to hundreds of nonprofit agencies and organizations in the Central Florida area.

This guide is divided into United Way's four Investing in Results areas (each in alphabetical order by organization name):

1. Building Safe Communities through Education
2. Developing Healthy Children and Families
3. Alleviating Hunger and Homelessness
4. Improving Financial Stability

Each organization will have at least one of the following types of opportunities:



Holiday Donation Needs (Wish List) – include needs that directly support the operations of the nonprofit agency like office supplies, or serve the needs of the agency's clients (canned goods, toys, new clothing, etc.). This type of opportunity is great for any office or students of all ages who may hold a donation drive at work, school or home.



Holiday Volunteer Meal Opportunities – direct service opportunities for individuals or groups interested in providing and/or serving a meal to those in need. This may include serving lunch at a homeless shelter or having a group of volunteers provide and prepare food at an afterschool program. *Please note: Many of these types of opportunities require the volunteer(s) to purchase the food or provide a financial contribution to the agency.*



Holiday Volunteer Opportunities – all other types of volunteer activities. They may include staffing a special one-time event or providing general assistance with everyday needs of an organization.



Holiday "Adopt-A" List – great opportunities for individuals, families or organizations who want to help others in need, but who are unable to dedicate the time to serve in person. "Adopt-A" opportunities provide a way for you to support a child, family, senior, student, etc. with either a financial contribution or specific goods (such as toys).

When you find an opportunity you like, **please call that agency directly** to begin your holiday giving and volunteering. The contact person at the agency will provide you with more details, such as number of items needed, sizes, age appropriateness, etc. **And please be sure to mention that you read about their needs in "United Way's Guide to Holiday Giving and Volunteering!"**

Some Tips on Holiday Giving

- When making donations during the holidays, please keep in mind that your donations are used to provide gifts to agency clients such as toys, clothing and other donated goods. All items should be **new**.
- Please remember to contact the agency directly **before** you begin a drive or a volunteer project on their behalf; the agency's needs may have changed.
- Some agencies have Adopt-a-Family (or client, or child, or elder) programs. Agencies vary on policies regarding whether or not the donors will meet the recipients. In some instances, because of issues of anonymity or family privacy, delivery is made by agency personnel only. In other cases, donors may be asked to meet the family at the agency.
- Please keep in mind that agencies are often overwhelmed during the holiday season; please **be patient** and respect their wishes.
- Remember: the holiday season comes only once a year, but volunteer opportunities are available and needed all year long! The best holiday gift that you can give our community is your steady commitment to service. Please visit www.hfuw.org to learn more about year-round needs right here in Central Florida.
- This guide will be available at HFUW.org throughout the Holiday season. Please consider the environment before printing.

For questions about this guide, please contact:
Brianna Whitaker, Community Volunteer Manager
(407) 849-2372 or brianna.whitaker@hfuw.org



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A Heart of Florida United Way Guide to Holiday Giving & Volunteering 2016

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Note: A listing with this symbol indicates that the agency is a Heart of Florida United Way partner agency. Inclusion in this guide has been made available to any legal, nonprofit organization in the tri-county area that chose to submit their needs. Their inclusion does not constitute a representation, warranty or endorsement with respect to the competence, suitability or reliability of such organization or person by Heart of Florida United Way or Heart of Florida United Way's Volunteer Resource Center.

Building Safe Communities through Education

Big Brothers Big Sisters of Central Florida

www.bbbscfl.org

807 S. Orlando Avenue Suite R

Winter Park, FL 32789

Phone: (407) 478-2996



Contact: Lisa Blackwelder, Director of Development and Events

Email: lblackwelder@bbbscfl.org

Mission: To provide children facing adversity with strong and enduring professionally supported one-to-one relationships that change their lives for the better forever.

Holiday Donation Needs: We are in need of toys and gifts for children ages 6-17 for our annual Little Holiday Gift-Away Party. This event will take place on December 10, 2016 from 1-4pm, 803 S. Orlando Ave Suites A & B. We are asking that donations be unwrapped and delivered to our office or we can arrange for pick up no later than December 5, 2016. Our goal is to have at least 200 toys or gifts donated.

Holiday Volunteer Opportunities: We are in need of volunteers to assist in set-up and breakdown for our Little Gift Away Holiday Party on December 10, 2016 from 1-4pm, 803 S. Orlando Ave Suites A & B. Please call 407-478-2996 to RSVP.



Boys and Girls Club of Central Florida

www.bgccf.org

101 East Colonial Drive

Orlando, FL 32803

Phone: (407) 841-6855



Contact: Shannon Yohe, Volunteer Manager

Email: syohe@bgccf.org

Mission: To inspire and enable all youth, especially those from disadvantaged circumstances, to realize their full potential as productive, responsible, caring citizens.

Holiday Donation Needs: Presents for ages 12-18, wrapping paper, Christmas trees, and tree decorations no later than December 4.

Holiday Volunteer Meal Opportunities: Providing and serving a snack or meal to Club Members. This requires food to be purchased or prepared by the volunteers.

Holiday Volunteer Opportunities: Host a holiday party for a Club, set up and clean up at holiday parties, present wrapping, decorate Club for the holidays.

Holiday "Adopt-A" Opportunities: Adopt-A-Family by providing less fortunate families with presents, holiday dinner, etc. Please contact Ericka Dickerson at edickerson@bgccf.org for more information. Adopt-A-Club by providing them with items used daily such as arts supplies, games, school supplies, athletic equipment, educational software and games, etc. Items may vary depending on Club.



Children's Home Society of Florida

www.chsfl.org

1485 South Semoran Blvd.,

Suite 1402 Winter Park, FL 32792

Phone: 407-335-2186



Contact: Kara Kerlin, Community Engagement Specialist

Email: kara.kerlin@chsfl.org

Mission: Building Bridges to Success for Children.



LIVE UNITED Through the Holidays: A Heart of Florida United Way Guide to Holiday Giving & Volunteering 2016

Holiday Donation Needs:

Infant and Toddler Ideas

- Activity Gyms
- Baby & Toddler Books
- Baby Dolls (all ethnicities)
- Building Blocks
- Clothing & Shoes
- Developmental Toys
- Diapers & Wipes
- Pack n' Plays
- Plush Toys
- Push & Ride-On Toys
- Strollers
- Tricycles & Wagons

Youth and Teen Ideas

- Art & Crafts Supplies
- Beauty & Hygiene Supplies
- Bikes, Scooters & Skateboards (helmet required)
- Board Games, Cards, & Puzzles
- Books & Journals
- Clothing & Shoes
- Dolls & Action Figures
- Gift Cards (restaurants & retail)
- Headphones & Speakers
- Jewelry & Watches
- LEGO Sets
- Movie & Theme Park Tickets
- Musical Instruments
- New or Refurbished Electronics
- Popular Character Branded Items
- Remote Control Vehicles & Drones
- Sports Equipment
- Tablets (nabi, Amazon Fire)
- Video Games

Holiday Volunteer Opportunities: Volunteer to be an elf in our holiday workshop to support our holiday toy drive by sorting toys and filling wish lists.



Foundation for Orange County Public Schools Read2Succeed Program

www.foundationforocps.org

Phone: 407-317-3200 x 200-2919



Contact: Kayla Smith, Read2Succeed VISTA Outreach and Volunteer Coordinator

Email: kayla.smith2@ocps.net

Mission: Identify, develop and focus community resources to make a meaningful impact on the success of students and teachers of Orange County Public Schools

Holiday Volunteer Opportunities: Volunteers are matched with first or second grade students at OCPS elementary schools. One hour, once a week, using our research-based curriculum, volunteers help students improve their vocabulary, reading fluency and comprehension skills. Volunteers commit to tutoring students weekly, same day and time, until May 26, 2017.



Orlando Day Nursery
www.orlandodayschool.org
626 Lake Dot Circle
Orlando, FL 32801
Phone: 407-422-5291 x211



Contact: Mata Dennis, Executive Director

Email: director@orlandodaynursery.org

Mission: Opening our doors to all children to prepare them for a successful future through an active learning environment. Orlando Day provides childcare and preschool education for children from low-income, homeless and at-risk families with children birth through age five and out-of-school care for children in elementary school.

Holiday Donation Needs: Items we always need include canned goods for our food pantry and personal care items like toothbrushes and tooth paste for young children. We also would like donations of toys for children birth to age five. We prepare presents for families that need extra help at the holiday season.

Holiday Volunteer Opportunities: Our regular/on-going needs include helping organize our library, clothing closet and/or art supply closet; reading to children and playing educational games in our pre-k and kindergarten. For the holidays we would like to have a group come decorate cookies with our children, share art and craft activities for preschool children, read holiday stories and help with our wrapping of gifts and distribution to families.

Holiday "Adopt-A" Opportunities: Orlando Day has several families that could use help this holiday season. These families can use food, including a holiday meal, household items, clothing and toys. For more information about a specific family please contact us.

PACE-Orange

www.pacecenter.org/centers/orange
445 N Wymore Road
Winter Park, FL 32789
Phone: 407 992-0456 x4907



Contact: Mona Major

Email: Mona.major2@pacecenter.org

Mission: PACE provides girls and young women an opportunity for a better future through education, counseling, training and advocacy.

Holiday "Adopt-A" Opportunities: We have many families in need of a nourishing meal. For more information, and ways you can help, please contact PACE directly.

Developing Healthy Children & Families

Arthritis Foundation

www.arthritis.org
13000 Avalon Lake Drive Ste. 302
Orlando FL 32828
Phone: 407-208-1766



Contact: Mariel Armitage, Community Engagement Director-Florida

Email: marmitage@arthritis.org

Mission: The Arthritis Foundation is the Champion of Yes. Leading the fight for the arthritis community, the Arthritis Foundation helps conquer everyday battles through life-changing information and resources, access to optimal care, advancements in science and community connections. Our goal is to chart a winning course, guiding families in developing personalized plans for living a full life - and making each day another stride towards a cure.



Live UNITED Through the Holidays: A Heart of Florida United Way Guide to Holiday Giving & Volunteering 2016

Holiday Volunteer Opportunities: Help us host Orlando's 2016 Jingle Bell Run - A family friendly and festive 5k Run/Walk to benefit kids & adults living with arthritis.

Saturday, Dec. 10th, 2016
7:00 AM - 11:00 AM

We will need 50 volunteers to help out the DAY OF our event. (Tasks vary from set-up/tear down, registration, kids' activities, finish line, water stop stations, street barricade stops, etc. We also need to recruit 10 high school students willing to wear elf costumes to interact with the guests. Costumes will be provided.

Please fill out this online form to register as a volunteer:

<https://www.kintera.org/faf/volunteerRegNew/contactUs.asp?ievent=1159415&lis=1&kntae1159415=917CEDE5BC0C4286AACCF641012D>



Aspire Health Partners Women's Residential Orange

aspirehealthpartners.com

8301 E. Colonial Dr.

Orlando FL 32817

Phone: 407-245-0045 x3227



Contact: Sherie Wildermuth, Program Director

Email: Sherie.Wildermuth@AspireHP.org

Mission: The mission of Aspire Health Partners is to provide the people of Central Florida with compassionate, comprehensive and cost effective behavioral health care services that lead to successful living and healthy, responsible lifestyles.

Holiday Donation Needs:

- Baby needs: diapers, baby wipes, diaper ointment, newborn items.
- Small gifts for children.
- Food donation for a holiday meal for the clients, their families, staff, and volunteers.

Holiday Volunteer Meal Opportunities:

- A week or two before Christmas or before Thanksgiving. A lunch or dinner time is 11:30a or 4:30p. Times and dates are flexible.
- Donation of a frozen ham or turkey, or a gift card from a food store would be an option.
- Volunteers could serve meals, wash dishes, present an art project, or be Santa Clause. In the past Mrs. Clause visited our program.

Holiday Volunteer Opportunities:

- Organizing donation shed.
- Sort clothes, paint walls.
- Planting and gardening flowers or vegetables.
- Present an art project, read a book to the kids, or be a holiday character.

Holiday "Adopt-A" Opportunities:

- Adopt a Mom for her infant that is born while she is a resident.
- Adopt a Mom to have clothing for a job interview. A gift card to a consignment store or thrift store.
- A bus pass for women looking for work.
- Adopt a sporting activity, basketball, volleyball.
- Adopt an event to allow the women to attend a basketball game, a play, opera, a movie, Leu Gardens, art gallery, amusement park.



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BASE Camp Children's Cancer Foundation

basecamp.org

650 North Wymore Road

Suite 103 Winter Park, FL 32789

Phone: 407-497-1541

Contact: Terri Jones-Robbins, President

Email: terri@basecamp.org

Mission: To provide a year-round series of programs to help children throughout central Florida affected by cancer. Our main focus is childhood cancer patients being treated at one of the three Central Florida Hospitals that treat children with cancer; Arnold Palmer, Florida and Nemours Children's Hospitals. We include the patients, their siblings and entire immediate families. BASE Camp programs focus on NOURISHMENT, ENCOURAGEMENT and STRENGTH to finish the climb!

Holiday Donation Needs:

- Canned goods and any non-perishable grocery items for our food pantry.
- New toys for children of all ages for our Christmas Party gift giving drive.
- SINGLE SERVING items for our HOSPITAL food pantry; mac 'n cheese, cereal, pop-top soups, etc.

Holiday Volunteer Meal Opportunities:

- Hosting a pizza party or other lunch for the hospitalized children and their families at one of the three hospitals; every Monday, Tuesday, Wednesday and Friday every week.
- Hosting a pizza party for the children on a Friday night @ the BASE Camp office in Winter Park; 6pm; EVERY Friday night, all-year.
- Hosting a meal or snacks for the children at one of our monthly OVERNIGHT CAMPS, held at local hotels, every month.

Holiday Volunteer Opportunities:

- Volunteering at the BASE Camp office Monday-Friday 10am-6pm; hosting families from out of county who need to Stop, Rest, Eat and play!
- Coordinating sorting donations in our off-site storage rooms in Winter Park, Friday December 16, 2016 1-5pm
- Moving donations in our off-site storage rooms to our holiday party location in Winter Park,; Friday December 16, 2016 1-5pm
- Help set-up for our holiday party in Winter Park, Friday December 16, 2016 1-5pm

Holiday "Adopt-A" Opportunities:

- Adopt-a-family by providing a turkey or ham and groceries for a nourishing family meal
- Adopt-a-Family with gift cards or GIFTS for all the children in the family: \$100 per child
- Adopt-a-Child \$25 in gift cards or Age-Appropriate GIFT.



Healthy Start Coalition of Orange County

www.healthystartorange.org

1040 Woodcock Rd., Suite 215,

Orlando FL 32803

Phone:

407-228-1482 (Elaine)

407-228-1478 (main)



Contact: Elaine Cauthen, Operations & Communications Director

Email: elaine@healthystartorange.org

Mission: The Healthy Start Coalition of Orange County's mission is to improve maternal and child health in Orange County through community partnerships. One way we aim to ensure pregnant women have access to care and to improve maternal and infant health is through education and awareness.

Holiday Donation Needs: Pampers (or other brands) disposable diapers for infants up to 25 lbs and infant wipes.



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Holiday Volunteer Opportunities:

1. Assist with creating a float for the Martin Luther King Day parade on January 14, 2017
2. Assistance with sorting through historic files.



IMPOWER

www.impowerfl.org

587 E SR 434

Longwood, FL 32750

Phone: 407- 215-0095 ext.215



Contact: Amber Bachura, Development/Volunteer Coordinator

Email: abachura@impowerfl.org

Mission: Changing lives by protecting, counseling, teaching and inspiring individuals and families to reach their full potential.

Holiday Donation Needs: Collect toys, gifts and/or gift cards at your office, civic club or place of business. Need a box? Let us know and we can bring one to you. Or, are you hosting a holiday party this year? Consider asking guests to bring a toy or gift to donate to a child in need. No time to shop? Your tax-deductible donation will help children in need have a memorable holiday. New, unwrapped gifts only please.

Holiday Volunteer Opportunities: Consider sharing your time and help us fill wishes. Includes sorting, organizing, wrapping, assembling, delivering, shopping and more! Multiple shifts available in two locations, Longwood and Brevard Co. Individuals and groups welcome!

Holiday "Adopt-A" Opportunities: Sponsor a Child or Youth. Request one or more wish list(s) for specific children or youth. We'll provide you the list(s) and you do the shopping! Email abachura@impowerfl.org for a wish list.



United Cerebral Palsy of Central Florida

www.ucpcf.org

3305 S. Orange Ave Second Floor

Orlando, FL 32806

Phone: 407-852-3332



Contact: Natasha Jones, Community Engagement Manager

Email: njones@ucpcf.org

Mission: To empower children with and without disabilities to achieve their potential by providing individualized support, education and therapy in an inclusive environment.

Holiday Donation Needs: Please donate new (or gently used) toys and books, non-perishable foods, and/or retail gift cards to buy classroom supplies and/or equipment.

For the BETA program at UCP, we are in need of baby wipes, diapers, sippy cups and hygiene kits. Visit <https://www.ucpcf.org/ways-to-help/> for additional details.

Holiday Volunteer Opportunities: Sorting donations at our Downtown BETA campus (4680 Lake Underhill Rd, Orlando, FL 32807) Wednesdays from 2 - 4pm.

Holiday "Adopt-A" Opportunities: Adopt a UCP family by providing a holiday meal, holiday decorations, small gifts and/or gift cards to local grocery stores.



The Howard Phillips Center

www.arnoldpalmerhospital.com

601 West Michigan Street

Orlando, FL 32805

Phone: 407-317-7430 ext. 2170 (T-J)



Contacts: Marie Martinez, Operations Manager and T-J Ciocca, Grants Manager

Email: Terri-Jo.Ciocca@orlandohealth.com

Mission: To advocate for and respond to the needs of children in Central Florida who have medical, emotional and developmental challenges, especially those related to child abuse and neglect.

Holiday Donation Needs:

- Diapers and essential baby needs
- Healthy snacks for the snack cupboard for child victims of abuse that come to the Center for therapy.
- Toys and books
- Hygiene items for Teen Xpress clients
- Transportation gift cards or gift cards to assist families with basic needs and help them attend services.

Holiday Volunteer Opportunities: Help sort toy and other holiday donations for our clients starting the week of December 5 through the 20th. We can work together with organizations to find suitable times.

Clean the World

www.cleantheworld.org

400 A Pittman Street

Orlando, FL 328001

Phone: (407) 574-8353 ext. 1023



Contact: Gabi Norris, Volunteer Coordinator

Email: volunteers@cleantheworld.org

Mission: Collect and recycle soap and hygiene products discarded every day by the hospitality industry and other sectors that generate environmental waste. Through the distribution of these and other donated products to impoverished people, prevent millions of hygiene-related deaths each year, reduce the morbidity rate for hygiene-related illnesses, and encourage vigorous childhood development.

Holiday Donation Needs:

Program Supplies:

- Box Cutters
- Permanent Markers
- Dry Erase Markers
- 5 Gallon Trash Cans
- Fans - High Velocity, Drum
- Step Ladder
- Anti-fatigue Mats
- Folding Chairs
- Stools (28-32 inches)
- Fork Lift
- Pallet Jack
- Hand Sanitizer
- Latex Free Gloves
- Chainsaw
- Packing Tape a
- Stretch wrap

Special Event Supplies:

- Gift Cards – Restaurant/stores (to be used as prizes for the volunteer program)
- Sporting events, attractions, or theme park tickets for raffle items



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- Collectables, celebrity items, sports memorabilia for raffle items
- 10x10 Tents
- 8 ft. Centerfold Tables

Holiday Volunteer Needs: Volunteers will assist with the sorting and boxing of soap and bottled amenities. Requirements: This project involves standing. Make sure to wear closed-toe, comfortable shoes. Clothes should be able to get dirty. The minimum age requirement to participate is 8 years old. Children ages 8-15 will need parent or guardian supervision in order to participate. If you are being dropped off at the facility, please have your ride arrive back to the facility no later than 15 minutes before your shift ends. For large groups bringing children to the facility: there needs to be at least 1 adult per every 10 children under 16.

Available dates:

Dates: Open Monday - Friday
Times: 9:00AM - 11:00AM or 1:00PM - 3:00PM

Soapy Saturdays
Clean the World is now open every Saturday! (Excludes holiday weekends)
Times: 9AM – 12PM.

Please email volunteers@cleantheworld.org to schedule a time.

Ronald McDonald House Charities of Central Florida



www.ronaldmcdonaldhouseorlando.org
Florida Hospital Location: 2201 Alden Road
Orlando, FL 32803
Arnold Palmer Location: 1630 Kuhl Ave
Orlando, FL 32806
Nemours Children's Hospital Location:
13551 Nemours Parkway
Orlando, FL 32827

Phone: 407-206-0957 ext 112

Contact: Kelsey O'Hara, Volunteer Coordinator

Email: kohara@rmhccf.org

Mission: Ronald McDonald House Charities® of Central Florida finds, creates, and supports programs that directly improve the health and well-being of children and families.

Holiday Donation Needs:

HOUSEHOLD GOODS

Mildew Resistant Shower Liners (clear)
Aluminum Foil
Plastic Cutlery
Paper Towels
Paper Plates
Napkins
Disposable Cups (hot and cold)
Disposable Coffee Cups & Lids
LED Light Bulbs

CLEANING SUPPLIES

Baby safe detergent
Fabric Softener
Magic Erasers
Steel Wire Cleaning Pads
Disinfectant/Cleaning Wipes
Swiffer Sweeper Wet Mop Refills



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Swiffer Dusters
Toilet Bowl Cleaner
Stainless Steel Cleaner

FOOD ITEMS

Loaves of bread
Milk
Cereal (individual sizes ONLY)
Snacks (individual sizes ONLY)
Coffee (K-Cup individual serving size)
Sugar Packets
Powdered Coffee Creamer
Fresh Produce
Pre-packaged Frozen Lasagnas
Pre-packaged Frozen Casseroles

GIFT CARDS

Gas/Phone Cards
Local Restaurants
Amazon
Home Depot or Lowe's
Publix
Target or Walmart

MISCELLANEOUS ITEMS

Deodorant
Razors
Shaving Cream
Umbrellas
Copy Paper
Forever Postage Stamps
Baby clothing
Plastic ware
Large storage bins
Gifts for adults and children

Holiday Volunteer Needs: BAKING BUDDIES

Ideal for small groups! Opportunities 365 days a year. Bring your own ingredients and spend the afternoon (2PM-4PM) baking at one of our Houses. Make sweet treats or dinner casseroles that can be frozen and served later for our families! RMH at Florida Hospital: 2-4 volunteers maximum. RMH at Arnold Palmer Medical Center: 4-6 volunteers maximum.

Alleviating Hunger & Homelessness

A Grateful Mind International

www.agratefulmind.org

4300 Clarcona Ocoee Rd. #403

Orlando, FL 32810

Phone: 407-900-5558



Contact: Cindy Rand or Liz Mengelson

Email: volunteers@agratefulmind.org

Mission: The mission of A Grateful Mind International is to provide immediate humanitarian relief to individuals and families who are experiencing a crisis; while providing them access to educational resources that will empower them to move beyond their crisis. We operate as a Community Outreach Services agency to provide Emergency Crisis Assistance & Educational resources to homeless and impoverished families with children.



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Holiday Donation Needs: Each holiday season A Grateful Mind Community Outreach Services works even harder to give relief to the homeless and poverty stricken families we serve in the community. Please donate any new or gently used clothes for men, women and children; work boot and shoes for men, women and children of all ages; clean blankets, working small appliances and household items to help Central Florida families in transition enjoy the holidays despite their crisis.

Please also consider donating a new unwrapped toy for a homeless & poverty stricken child for Christmas, a filled Christmas Stocking or a Grocery Store Gift Card for their family's holiday dinner. Cash Donations may be made online through our secured website or mailed.

Our agency is in dire need of a working box truck or cargo van to help us pick up donations and transport goods out for our outreach events. Our food pantry is in desperate need of nonperishable foods and canned goods to continue to help families in need of food assistance. All donations to us are tax exempt. Thank you for your gift of any size.

Holiday Volunteer Meal Opportunities: Hosting Free Community Dinner in the Park for Thanksgiving, Sunday November 20, 2016 at 12:00pm at Z L Riley Park 747 S. Parramore Ave. Orlando, FL 32810

Holiday Volunteer Opportunities:

- Set up and assist in serving for Thanksgiving and Christmas Outreach.
- Serving Meals
- Sorting clothes donations
- Making Meal Bags and other needed tasks to help with our event.
- Wrapping Gifts

Holiday “Adopt-A” Opportunities: Adopt-A-Family for Christmas



Catholic Charities of Central Florida

www.cflcc.org

1819 N Semoran Blvd

Orlando, FL 32807

Phone: 407-658-1818 x1026



Contact: Carly Matthews, Manager of Mission Effectiveness

Email: carly.matthews@cflcc.org

Mission: Our mission is to provide vital social services to people in need regardless of their religious, social or economic background, to improve the lives of individuals, families and the community. Vision: Our vision is that every person's basic human needs are met through love and empowerment.

Holiday Donation Needs: Our food pantry is in need of donations of canned food and other non-perishable items to stock our shelves and help those in need this holiday season. You can drop off donations as an individual/family, or you can run a small food drive in your school, church, business, etc., and we are happy to assist with coordination and pick-up of donations.

We are also in need of donations for our "Cards for Caring" program, which offers gift cards in the amount of \$10-\$20 to help families in need purchase necessities during the holiday season like gas, clothing, groceries, and Christmas gifts for their children.

Holiday Volunteer Opportunities: Stop by our food pantry and spend a few hours in service to others by stocking our shelves, packing bags of food for families, and helping distribute the food to families in need. Copy and paste the link below to learn more and sign up

https://www.cervistech.com/acts/webreg/eventwebreglist.php?org_id=0003&event_category_id=33

Holiday “Adopt-A” Opportunities: Adopt-a-family in one of our Refugee programs by providing funds for Christmas gifts for their children.



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Christian Service Center for Central Florida, Inc.



www.ChristianServiceCenter.org
808 W. Central Blvd., Orlando, FL 32805
Phone: (407) 425-2523 x 240

Contact: Amy Bryant, Volunteer Coordinator

Email: ABryant@ChristianServiceCenter.org

Mission: To prevent homelessness, combat poverty, cultivate self-sufficiency, restore hope and glorify God through the faithful provision of services that directly address physical, emotional and spiritual needs for families and individuals who are struggling in Central Florida.

Holiday Donation Needs: Please donate non-perishable food items for our emergency food pantry. Please donate toys/items for teenagers.

Holiday Volunteer Meal Opportunities: 2-4 volunteers are needed to help with kitchen/meal preparation Monday - Friday from 9:00 a.m. - 11:00 a.m.

Holiday Volunteer Needs: Organize a toy drive.

Holiday "Adopt-A" Opportunities: Adopt-A-Family to sponsor for Christmas by providing clothing/shoes/gifts for the children and/or family.



Coalition for the Homeless of Central Florida

www.centrafloridahomeless.org/
639 W. Central Blvd.
Orlando, FL 32801
Phone: (407) 849-2757

Contact: Kristen Pena, Volunteer Coordinator

Email: kristen.pena@cflhomeless.org

Mission: The mission of Coalition for the Homeless of Central Florida is to transform the lives of homeless men, women and children by providing crucial services to end their crisis of homelessness. We cannot exist without the support we receive from our volunteers.

Holiday Donation Needs:

- Diapers (All Sizes)
- Laundry Detergent
- Pack N Plays (can be gently used)
- Deodorant
- Over the Counter Medications
- Hygiene Items (shampoo/conditioner, feminine hygiene products, soap, razors)
- Holiday Gifts for Adults (Bottles of laundry detergent, body spray or cologne, lotion)
- \$25 Walmart Gift Cards to be used throughout the year for resident needs.
- Holiday Toys for Kids and Infants
- Gifts for Teens (dolls, remote control cars, craft sets, gift cards for teens/tweens)



Harbor House of Central Florida

www.harborhousefl.com
Confidential location
Phone: 407-703-2866



Contact: Monika Colon, Volunteer Manager

Email: mcolon@harborhousefl.com

Mission: We provide safe shelter, a 24-hour confidential crisis hotline, counseling, emotional support, and legal advocacy for survivors of domestic abuse and their children.



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Holiday Donation Needs:

Baby Needs:

Baby bottles (new)
Toddler cups (new)
Baby shampoo
Baby lotion
Diaper sizes 4,5,6 only

Cleaning Supplies:

Bleach
Floor cleaner
Lysol wipes
All- purpose spray cleaner
Dish soap
Brooms
Comet

Personal Care:

New women's underwear (all sizes)
Socks (all sizes women and children)
Children's Pajamas
Bath towels, hand towels, wash cloths
Deodorant
Body wash

Miscellaneous:

Plastic bed covers
Silverware
Pots & Pans
Cups & Mugs
Gently used or new suitcases
Ziploc bags

Holiday Volunteer Meal Opportunities: Serving a meal to our residents in shelter. Meals need to be ready to serve. Cooking and heating is not permitted in shelter. Volunteers are also responsible for providing all dinnerware

Holiday Volunteer Opportunities: Volunteer to be an elf in our holiday workshop to support our holiday toy drive by sorting toys and filling wish lists



Seniors First

www.seniorsfirstinc.org
5395 L.B. McLeod Road, Orlando, 32811.
Event will be held in Downtown Orlando at Lake Eola Park
Phone: (407) 649-4100



Contact: Wayne Gardner, Senior Director of Stepping Stone Medical Equipment Bank

Email: wgardner@seniorsfirstinc.org

Mission: To care for needy seniors through in home services such as Meals on Wheels, Homemaker, Personal care and medical equipment to name a few.

Holiday Volunteer Opportunities: 50 Volunteers needed to help at our 27th Annual Turkey Trot 5K Run/Walk on Thanksgiving morning from 6:30am-10:00am. Volunteers are needed at registration and refreshment areas. Volunteer descriptions are available at TurkeyTrotOrlando.com. Just click Volunteer section. Event will be held in Downtown Orlando at Lake Eola Park

State of Florida Guardian Ad Litem Program, Ninth Judicial Circuit Osceola County



www.galosceola.org

2 Courthouse Square, Suite 3400

Kissimmee, FL 34741

Phone: 407-742-6656

Contact: Linder Snider, Volunteer Program Coordinator

Email: linder.snider@gal.fl.gov

Mission: I am for the child. The Florida Guardian ad Litem Program is a powerful and effective voice advocating for the best interests of Florida's abused, abandoned and neglected children and be recognized and respected as a partnership of community advocates and professional staff. To the fullest extent possible, this vision will be realized through volunteers who will advocate as Guardians ad Litem for the children they serve.

Holiday Donation Needs: Toys for children of any age; gift cards for teens; toiletries; pajamas, underwear, socks for children of any age.

Holiday Volunteer Opportunities: Guardians deliver toys and gifts that are donated to our office and to the children in foster care.

Holiday "Adopt-A" Opportunities: Adopt a family by assisting with food and groceries to support the needs of the children.

New Hope for Kids



www.newhopeforkids.org

544 Mayo Avenue

Maitland FL 32751

Phone: 407-331-3059 x15

Contact: Gloria Capozzi, Volunteer and Marketing Manager

Email: glori@newhopeforkids.org

Mission: New Hope for Kids provides specialized support to children and families grieving the loss of a loved one and grants wishes to children with life-challenging illnesses in Central Florida.

Holiday Donation Needs:

The Center for Grieving Children often runs out of these items:

- Construction paper (all colors)
- 8.5" x 11" white copy paper
- White paint paper (9" x 12") for children's art projects
- Water-based Tempera paint (all colors)
- Markers: washable markers, all colors/low-odor dry-erase, all colors
- Stretch Magic (for jewelry making)
- Scrapbooking: paper, stickers, glue, hole punches, small/med. scrapbooks, etc.
- Cookies, salty snacks (popcorn, single-serve bags of chips, etc.)
- Capri Suns, bottled water (individual size)
- Paper plates, paper cups, napkins
- Coffee, sugar, creamer, cups, filters
- Paper towels
- Disposable cameras
- Zip-lock bags (all sizes)
- Label maker tape refills - 9mm & 12mm sizes for P-touch Model TZe-2322
- Gift cards to: Walmart, Michael's, Party City and Lake Shore Learning

All of the children in our grief program are treated to a visit to the "Birthday Attic" when it's their birthday. We are usually well-stocked on gifts for younger children; however teenagers often have a hard time finding a gift that is



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suitable for someone their age. Some suggestions for gifts for teenagers: age-appropriate dvds/music cds/video games, cd/dvd/mp3 players, etc.

Holiday Volunteer Meal Opportunities: Cookie baking is welcome. Group brings supplies for the cookies (no peanut recipes) and bake at the Center. This is a treat to the families.

Holiday Volunteer Opportunities:

- 1) Holiday Party in Maitland – December 2 (set up) 5-8 pm and December 3 1-6pm(event) help set-up food for our holiday party and play games with our children and their families.
- 2) Ride in the Winter Park Parade – December 3, volunteers decorate their Bicycles with tinsel and lights to promote our annual ride. 8 am - 10 am
- 3) Holiday Bike Ride - December 10, from volunteers needed at 3 for set up. 6PM – 8PM. Come ride through the neighborhood to view holiday lights.
- 1) Toy Drive-help with family pick up and confirmation calls – December 19-22.

Holiday “Adopt-A” Opportunities: Adopt-a-family by providing a turkey or ham for a nourishing family meal for our new grief and wish families.



Salvation Army, Orlando Area Command

www.salvationarmyorlando.org

416 West Colonial Drive

Orlando, FL 32804

Phone: (407) 423-8581 x 26457

Contact: Octavio Serrano, Director of Volunteer Services

Email: Octavio.Serrano@uss.salvationarmy.org

Mission: The Salvation Army, an international movement, is an evangelical army of the Universal Christian Church. Our message is based on the Bible, and our ministry is motivated by the love of God. We preach the Gospel of Jesus Christ and meet human needs in his name without discrimination.

Holiday Donation Needs: Canned, nonperishable items for the pantry and kitchen to feed the homeless. No glass jars.

Holiday Volunteer Meal Opportunities: Host a birthday party for seniors with cake and ice cream. Event occurs once a month. Volunteers are to provide the food as well.

Holiday Volunteer Opportunities:

SEASONAL OPPORTUNITIES

Red Kettle Program:

Responsibilities: Volunteers will ring bells and encourage shoppers to donate to The Salvation Army.

Locations: 36 Publix locations throughout Orange County. Please call 407-423-8581 x 26457 for a list of locations.

Parking: Publix parking lot.

What to wear: Casual clothing, comfortable, closed end shoes. No shorts or tank-tops.

Days and hours: November 14, 2016 to December 24, 2016, Monday through Saturday, except Thanksgiving Day, from 10am to 8pm daily. This opportunity is only seasonal.

Environment: Outdoors, under cover from the elements.

Number of volunteers: We suggest two volunteers per shift, for a total of five, two hours shifts, for a total of 10 hours daily. A person may choose to work the entire day. We need 1,860 volunteers.

Angel Tree Setup and Distribution:

Responsibilities: Sorting and bagging gifts, setting up tables and boxes, sweeping floors, putting bicycles together, distributing gifts to parents, etc.

Location: 633 North Orange Avenue, Orlando FL 32801 (Orlando Sentinel building.)

Parking: Parking lot on Concord and Orange Avenue.



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What to wear: Washable work clothes, jeans, organization's tee-shirts, shorts are fine. Wear comfortable closed toe shoes. Sneakers are okay. Warehouse might be hot so dress accordingly.

Days and Hours: From December 7 to December 22. Hours and shifts vary each day. Please refer to chart below for daily schedule. This opportunity is only seasonal.

Environment: Indoors at a warehouse. Warehouse may get hot. Lifting, bending, reaching and stooping are involved.

Please refer to the chart below for a list of volunteer shifts for the Angel Tree Setup and Distribution:

- 12/7/2016 Wednesday 9am to 4pm 9am to 12pm and 1pm to 4pm
- 12/8/2016 Thursday 9am to 4pm 9am to 12pm and 1pm to 4pm
- 12/9/2016 Friday 9am to 4pm 9am to 12pm and 1pm to 4pm
- 12/10/2016 Saturday 8:30am to 12:30pm 8:30am to 12:30pm
- 12/12/2016 Monday 9am to 4pm 9am to 12pm and 1pm to 4pm
- 12/13/2016 Tuesday 9am to 4pm 9am to 12pm and 1pm to 4pm
- 12/14/2016 Wednesday 9am to 4pm 9am to 12pm and 1pm to 4pm
- 12/15/2016 Thursday 9am to 4pm 9am to 12pm and 1pm to 4pm
- 12/16/2016 Friday 9am to 4pm 9am to 12pm and 1pm to 4pm
- 12/17/2016 Saturday 8:30am to 12:30pm 8:30am to 12:30pm
- 12/19/2016 Monday 9am to 4pm 9am to 12pm and 1pm to 4pm
- 12/20/2016 Tuesday 9am to 4pm 9am to 12pm and 1pm to 4pm
- 12/21/2016 Wednesday 8:30am to 8pm 8:30am to 12pm, 11:30am to 3pm
- 2:30pm to 6pm, 5:30pm to 8pm 16012/22/2016 Thursday 8:30am to 4:30pm 8:30am to 1pm, 12:30pm to 4:30pm

Holiday "Adopt-A" Opportunities: Adopt and Angel and purchase gifts for underprivileged children so they can have gifts under the tree on Christmas Day. Please go to the Mall at Millenia food court and adopt a child ages 0 through 12. For more information call Robin Smith at 407-423-8581x 26472.

Improving Financial Stability

Christian HELP Foundation, Inc. dba, Christian HELP Employment & Resource Center



www.christianhelp.org

450 Seminola Blvd

Casselberry, FL 32707

Phone: 407-834-4022 X228

Contact: Rosa Figueroa, Program Recruitment Specialist

Email: volunteer@christianhelp.org

Mission: Our mission is to prevent homelessness by helping people find jobs while providing for them materially and spiritually. This means we connect job seekers with the tools they need, from resume assistance to interview preparation to job leads and more. All the while, providing food for their family, encouragement and prayer.

Holiday Donation Needs:

Food pantry items

- Canned goods, (ravioli, spaghetti' n meatballs, beans, corn, green beans, soups, peas).
- Dry goods (1lb bags of rice, coffee, and sugar) tea, crackers, peanut butter, jelly, tuna, oatmeal, cereal. baby wipes, diapers, pet food, shopping bags, garbage bags, (13 gallon, 33 gallon), zip lock bags, (quart & gallon size),
- Rain ponchos, permanent markers, janitorial mop with bucket, four outdoor chairs, 2" packing tape.

Office items

- Batteries (all sizes), copy paper, card stock (white & pastels), automatic stapler, automatic hole puncher.
- Laminator/Sheets, Sharpies, four Wicker letter file basket with lid, 2" packing tape, scissors, 2 x 2 Post It Notes.
- Cleaning supplies, garbage bags, (13 gallon), coffee pot, two black carafes, color push pins, (2) Wall mounted whiteboard 36"W x 24"H.



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Maintenance items

- Landscaping supplies, five rakes, shovel, steel rake, pressure washer-(gas powered) cleaning supplies,
- Wasp spray, step ladder, bench seat, outdoor gloves, 50 ft. hose. Roundup, commercial weeds control fabric.

Christmas items

- Large gift bags, Wrapping paper, tape, 2" packing tape, red/green card stock, Elf hats, Christmas hats, stockings, aprons, wreaths, five Red tree skirts, (10) Large red bows, five wreath hangers, Candy canes.

Holiday Volunteer Opportunities: Volunteers are needed Monday through Fridays, 8:30am -3:30pm in our food pantry. Each week, Christian HELP provides food for our clients and their families; you can help make a difference by helping us unload, sort, and distribute this food. You can choose a morning shift from 8:30am-1:00pm or an afternoon shift from 11:00-3:30pm.

If you are a business professional and have one day per week, M-F, from 10:00am-2:00pm to volunteer, we would love to have you volunteer with our team as a volunteer Care Manager. Volunteer Care Manager's meet with clients one on one and help guide the client in their job search, discern areas in the client's life where they need help to become successful at searching for, acquiring and maintaining a job. The Care Manager also offers spiritual encouragement. This volunteer position requires specialized training and a commitment of volunteering one day per week.

If you enjoy working in an office setting, there are opportunities for you to volunteer in our office entering data, making phone calls, or assisting clients. Our office hours are M-F, from 9:30 - 5pm.

Is your company looking for a place to volunteer? Consider bringing 5-10 of your team members out to help those in need in our community by helping stock and organize Christian HELP's food pantry.

Christian HELP has many families that we are working with to improve their employment situation and help them not just survive, but to thrive. Each Christmas, many of our families are unable to provide food or Christmas gifts to their children. Christian HELP meets that need through our Christmas Program. "Dove Tree", by connecting with community partners Christian HELP is able to distribute new toys to families in need and provide food baskets for nearly 300 families. There are many ways you can volunteer to help us meet the needs.

Visit our website at www.christianhelp.org to learn more.

Habitat for Humanity ReStore

hfhsarestores.squarespace.com
345 SR-436 (Semoran Blvd),
Casselberry, FL 32730
Phone: (407) 696-5855 ext. 2206



Contact: Lindsay Riessen, Volunteer Manager

Email: volunteer@habitat-sa.org

Mission: The ReStore is a retail outlet for donated new and used building and home improvement materials. Our staff and volunteers serve Habitat for Humanity's mission of eliminating substandard housing and improving the community in three ways:

- * We provide people with the opportunity to affordably obtain materials to improve their homes.
- * Proceeds from sales provide financial support for Habitat for Humanity's housing programs and services.
- * We promote and facilitate reuse and recycling to reduce our community's waste stream.

Holiday Donation Needs: Donations needed include new or gently used windows, lighting, hardware, housewares, furniture, flooring, cabinets, building materials and appliances in good, working condition.

Holiday Volunteer Opportunities: Sorting donations of furniture, appliances, housewares and electronics in our warehouse and helping manage the sales floor during ReStore hours of 10:00 am - 7:00 pm, Monday through Saturday.



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Heart of Florida United Way

www.hfuw.org
1940 Traylor Blvd.
Orlando, FL 32804
Phone: 407-429-2136



Contact: Brianna Whitaker, Community Volunteer Manager
Email: Volunteer.Center@hfuw.org
Mission: To improve lives by mobilizing the caring power of our communities.

Holiday Donation Needs: Basics for Babies collects infant care supplies to support families in need. Interested individuals or groups can collect items at their workplace, school, home, or place of worship, and then drop them off at Heart of Florida United Way, 1940 Traylor Blvd, Orlando FL 32804, on November 28 – December 2. Items needed include the following:

- Diapers
- Wipes
- Formula
- New infant apparel
- New blankets

Holiday Volunteer Needs:

VITA volunteer positions

Site Coordinator

Lead and manage the operations that fuel our community, providing coordination, organization and supervision for all aspects of a VITA site. As a site coordinator, you are responsible for the quality review, gathering, maintaining and compiling of timely statistical reports as required by partners.

Tax Preparer

Learn a valuable life skill and make a difference in the lives of others in our community by preparing income tax returns free of charge. Receive free IRS training, certification, and materials. No previous accounting or tax experience necessary. Computer experience preferred.

Tax Site Greeter

Welcome clients to the tax site, review their identification and paperwork to assure all are in order, keep the waiting room running smoothly. Two hour training required.

Site Host

Offer available workspace for volunteers to meet with clients at least one day a week. Ideally, a location would offer consistent hours, reliable internet, at least 4 computer/work stations, appropriate parking and building access for walk-in appointments.

Additionally, volunteers are needed to staff our 2-1-1 information and referral line to provide information on tax services (including free tax preparation sites) in Central Florida. No prior tax knowledge required; eight hours of training will be provided beginning in January.

Mending Hearts Charities, Inc.

www.mendingheartscharities.org
PO Box 2765
Sanford, FL 32771
Phone: 321-229-3636



Contact: Stephanie Richards, Community Liaison
Email: mhcharities@aol.com
Mission: Affordable housing for low income families, disabled individuals, elderly and veterans on fixed incomes.



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Holiday Donation Needs: Blankets and sheet sets (full and twin sizes). Personal care items for families, laundry baskets and cleaning supplies

Holiday Volunteer Meal Opportunities: Provide a meal at our transitional living home in Sanford, 25 families on property

Holiday Volunteer Opportunities: Pick a holiday; plan a party for our families or children.

Paint / Remodel projects - redecorate a single room for a family or individual. Room sizes vary, needs for rooms are all different call for details. Rooms range from sizes of 9 x 14 to 30 x 30. Common areas need updates also.

Holiday "Adopt-A" Opportunities:

Adopt a specific family for the holiday season.
Adopt a child - you pick from our list.
Adopt a family with a holiday meal.

Habitat for Humanity of Seminole County and Greater Apopka



www.habitatseminoleapopka.org
Casselberry ReStore
345 State Road 436 Ste. 111
Casselberry, FL 32730
Phone: 407-696-5855 x 2106

Contact: Brit Duhrkoff, Volunteer Manager
Email: restorevolunteer@habitat-sa.org

Mission: Seeking to put God's love into action, Habitat for Humanity brings people together to build homes, communities and hope.

Holiday Donation Needs: We accept donations year-round at our ReStores. Items accepted can be found here: <http://seminoleapopka.habitatrestores.org/donate>

Holiday Volunteer Opportunities:

Donation Assistant

You can help process donations by sorting, cleaning and pricing donated items. Preparing merchandise for display and sale is an important duty in our ReStores. Due to the training process involved, we would prefer long-term volunteers in this position.

Merchandise Handlers

We are always in need of "muscles" to help with loading and unloading furniture and other heavy items. This is a very important volunteer position and is greatly needed in order to maintain the flow of furniture and other merchandise while assisting our donors and customers.

Merchandising/Showroom Specialist

If you like to make order out of chaos, we can use you on our sales floor. We need someone with a good eye and a bit of creativity to help us with our displays. We also need assistance displaying merchandise in a manner which promotes a steady flow of continually changing inventory.

Phone/Office

We need friendly volunteers to help answer our phones, schedule deliveries, and greet our customers. We also need assistance with duties such as data entry and filing. Due to the training involved for this position, it is a long-term volunteer position.

Cashier Assistant

We are looking for people that are friendly, detail-oriented, willingness to learn by assisting our cashier.



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Repair Specialist

We often get furniture or other donations in the store which is in need of minor repair. If you'd like to put your repair skills to good use, we'll provide the tools and the furniture - you provide the expertise!

Appliance Repair Specialist

We often get appliances or other electronics in the store which are in need of minor repair. If you'd like to put your repair skills to good use, we'll provide the tools - you provide the expertise!

ReStore Rescue Our Habitat ReStores needs a facelift from time to time. This is the perfect project for a volunteer group of 10-15 people.

Oftentimes, these projects can be done when the ReStores are closed.

Mustard Seed of Central Florida

www.mustardseedfla.org

12 Mustard Seed Ln

Orlando, FL 32810

Phone: (407) 875-2040 x 110



Contact: Ingrid Thomas, Volunteer Coordinator

Email: ingrid@mustardseedfla.org

Mission: To help rebuild the lives of families who have suffered disaster or personal tragedy by providing household furnishings and clothing while being environmentally responsible to our community. The Mustard Seed has been a crisis social service agency for over 25 years and is the only furniture and clothing bank in Central Florida. We serve families suffering from domestic abuse, drug rehab recovery, homeless transition, fire and natural disaster, medical hardships, returning veterans and the economically disadvantaged. We are a critical resource in establishing stability and creating a home environment.

Holiday Donation Needs: Packages of new socks and underwear for our clothing program clients - children and adults. All furniture, housewares and clothing items for Furniture Program, Clothing Program and Thrift Store. Visit Amazon.com wish list for warehouse and office supplies.

Holiday Volunteer Needs: Sort housewares donations in warehouse. Help load/unload furniture trucks, and assist with general organization of the warehouse. Sort and hang donated clothing in thrift store. Deconstruct mattresses and separate materials in recycling facility, for mattresses not suitable for furniture program clients.

Holiday "Adopt-A" Opportunities: Adopt-A-Family served by the Furniture Program by paying their processing and delivery fees (total \$300). Adopt-A-Child served by the Clothing Program by providing packages of new socks and underwear.